

2024 SLU Caregiver Conference

Conference Theme: “Caring for a Loved One Who Hoards”

Overview

With the rise of hoarding cases both during and after the pandemic, caregivers and family members often struggle to address these issues with their loved one. Additionally, several treatment and cleanout approaches have been unsuccessful to help alleviate clutter in homes and residencies. This year’s conference will offer strategies and tips to professionals, community workers, caregivers, and volunteer staff to help older adults with hoarding challenges. The conference will also include a panel of experts who have experience with the process hoarding cleanouts and re-organizing residencies after cleanouts.

Conference Agenda

Date	March 22nd from 8:30am-12:30pm central (on Zoom)
8:30-9:00am	Max Zubatsky, PhD, LMFT- An Overview of Hoarding Disorder Signs and Symptoms
9:00am-10:30am	Marnie Matthews, MSW, LCSW (Keynote Speaker)- “A Family and Community Centered Approach to Hoarding”
10:30am-10:45am	Break and Book Drawing
10:45am-11:45am	Alison Menatti, PhD- “Working with Hoarding Issues in Clinical Practice”
11:45am-12:30pm	Jaime Tiff & Debra Kricensky: A Multi-Disciplinary Panel on Conducting Hoarding Cleanouts

Link to Register: <https://slu.cloud-cme.com/course/courseoverview?P=5&EID=14591>

Continuing Education
3.75 CMEs are offered for this event

Cost
Free for SLU students, staff, and faculty
\$75 for non-SLU professionals

Book Drawing
Attendees can enter to win 1 of 4 copies of a Hoarding Book!

Format
The conference will be all virtual on Zoom

About the Speakers

Marnie Matthews, MSW, LCSW (plenary speaker)- Marnie is a Licensed Clinical Social Worker specializing in anxiety, depression, OCD, hoarding disorder and hoarding behavior. She is a nationally recognized clinician and speaker on Hoarding Disorder, where she sees clients and families at the Nashville OCD and Anxiety Treatment Center. Marnie is the founder of the Center for Hoarding and Cluttering, an online training and consulting resource for all aspects of hoarding. She is also one of the leading founders of the Hoarding Task Force Group on Facebook.

Max Zubatsky, PhD, LMFT- Dr. Zubatsky is an Associate Professor and Program Director in the Medical Family Therapy Program at Saint Louis University. He also directs the Aging and Memory Clinic, a comprehensive service for older adults challenged with memory loss, loneliness, and caregiver stress. He served on the board of The Hoarding Project for five years, developing research and community strategies around hoarding disorder.

Alison Menatti, Ph.D.-Dr. Alison Menatti, Ph.D., is a licensed clinical psychologist and the Director of the Center for OCD & Anxiety-Related Disorders. She received her Ph.D. in Clinical Psychology from Ohio University in 2016, and completed two years of postdoctoral specialty training at Saint Louis Behavioral Medicine Institute. Dr. Menatti specializes in the treatment of OCD and a wide-range of anxiety disorders, including social anxiety, generalized anxiety, post-traumatic stress, specific phobia, and panic disorder.

Jamie Tiff- Jamie is a full time Resource Coordinator for St. Louis County Problem Property Unit. Jamie has experience working with challenging hoarding cases through consultation and clean-outs. Jamie has worked prior at ServPro, a Residential and Commercial Restoration Services company to addresses hoarding cases in homes.

Debra Kricensky- Debra is a lead Resource Coordinator for the St. Louis County Problem Properties Unit. Debra works with individuals who have property maintenance violations, some of which are caused by hoarding problems for over ten years. She also helped form a local hoarding help coalition and was a founder of "Neighbors Assisting Neighbors."